



## P.S. 213 - The Carl Ullman Elementary School

231-02 67<sup>th</sup> Avenue  
Bayside, New York 11364  
Tel: 718-423-8747  
Fax: 718-423-8805

Megan McCauley, Principal  
Natalie Culpeper-Brown, Assistant Principal

January 2, 2019

Dear Families of P.S. 213,

Happy New Year! On behalf of the staff I wish you a happy and healthy 2019. We are excited to continue our work as a Collaborative School Community with our P4 Friends. In December, both P4 and P.S. 213 Staff came together to build on our work of social emotional learning for all students at P.S. 213. This year we are anchoring our work on an evidence-based approach for integrating social and emotional learning into schools developed at the Yale Center for Emotional Intelligence. As a school community, we are committed to supporting our students in **recognizing, understanding, labeling, expressing** and **regulating** their emotions. Specific anchor tools will be introduced to our students in order to support them in this learning. The Anchor Tools of Emotional Intelligence are evidence-based tools designed to enhance the emotional intelligence of school leaders, teachers and staff, students and their families. Each tool is based on scientific research and helps all community members develop their emotional intelligence skills.

### **Anchor Tool: Schoolwide and Classroom Charters**

RULER, supported by the Yale Center of Emotional Intelligence, describes the Charter as the following: The emotional climate of a school affects the community's well-being and students' ability to learn. The Charter is a collaborative document that helps schools establish supportive and productive learning environments. It is created by members of the community, outlining how they aspire to treat each other and themselves. Together, the community describes how they want to feel at school, the behaviors that foster those feelings, and guidelines for preventing and managing unwanted feelings and conflict. By working together to build the Charter, everyone establishes common goals and holds each other accountable for creating the positive climate they envision.

During the month of January, each classroom will be creating a Classroom Charter! Make sure to check out our Schoolwide Charter created by Staff and Parents outside the Main Office.

Coffee with the Principal is January 15<sup>th</sup> at 8:15am. The focus will be on Test Anxiety. Our fifth PTA meeting and Grades 3-5 Winter Concert will be held January 17<sup>th</sup> at 5:30pm. The K-2 Concert is January 25<sup>th</sup> at 8:30am. We look forward to a successful 2019!

Sincerely,

Ms. McCauley  
Principal